**Section 1: 8-K (8-K)** 

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): August 6, 2018 (August 6, 2018)

### **National Health Investors, Inc.**

(Exact name of Registrant as specified in its charter)

#### Maryland

(State or other jurisdiction of incorporation or organization)

001-10822 (Commission File No.) <u>62-1470956</u> (I.R.S. Employer

Identification No.)

222 Robert Rose Drive

<u>Murfreesboro, Tennessee 37129</u>

(Address of principal executive offices)

(Registrant's telephone number, including area code)

Not Applicable
(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

[]	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

#### Item 7.01. Regulation FD Disclosure.

The Company is furnishing its Supplemental Information for the quarter ended June 30, 2018, which is also contained on its website (www.nhireit.com). See Exhibit 99.1 and Exhibit 99.2 to this Current Report on Form 8-K.

Item 9.01. Financial Statements and Exhibits.

#### Exhibit Index

Number	Exhibit
99.1	Supplemental Information for the three months ended June 30, 2018, dated August 6, 2018, in HTML format
99.2	Supplemental Information for the three months ended June 30, 2018, dated August 6, 2018, in PDF format

#### **SIGNATURES**

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

National Health Investors, Inc.

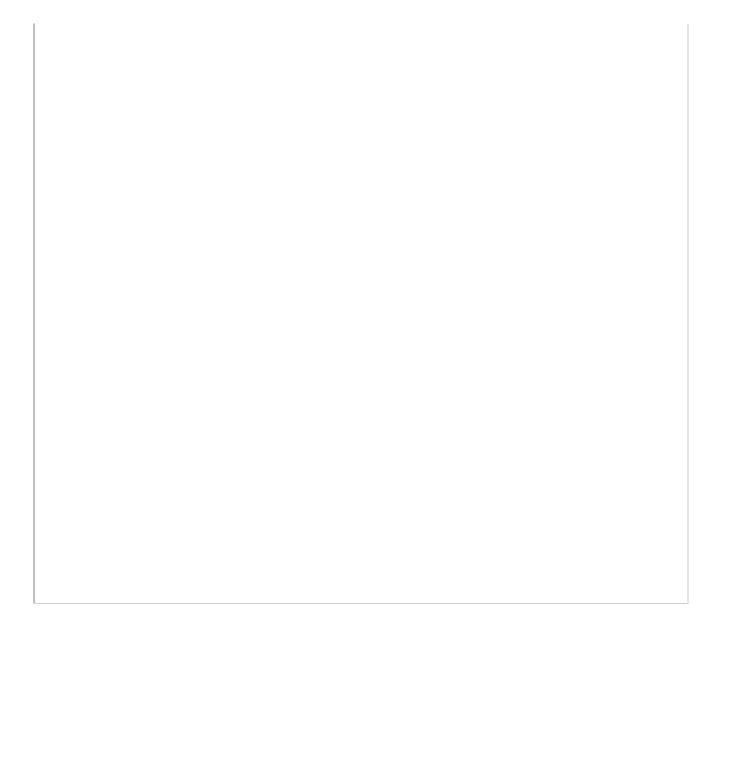
By: <u>/s/ Roger R. Hopkins</u>
Name: Roger R. Hopkins
Title: Chief Accounting Officer

Date: August 6, 2018

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# Section 2: EX-99.1 (SUPPLEMENTAL INFORMATION, HTML FORMAT)

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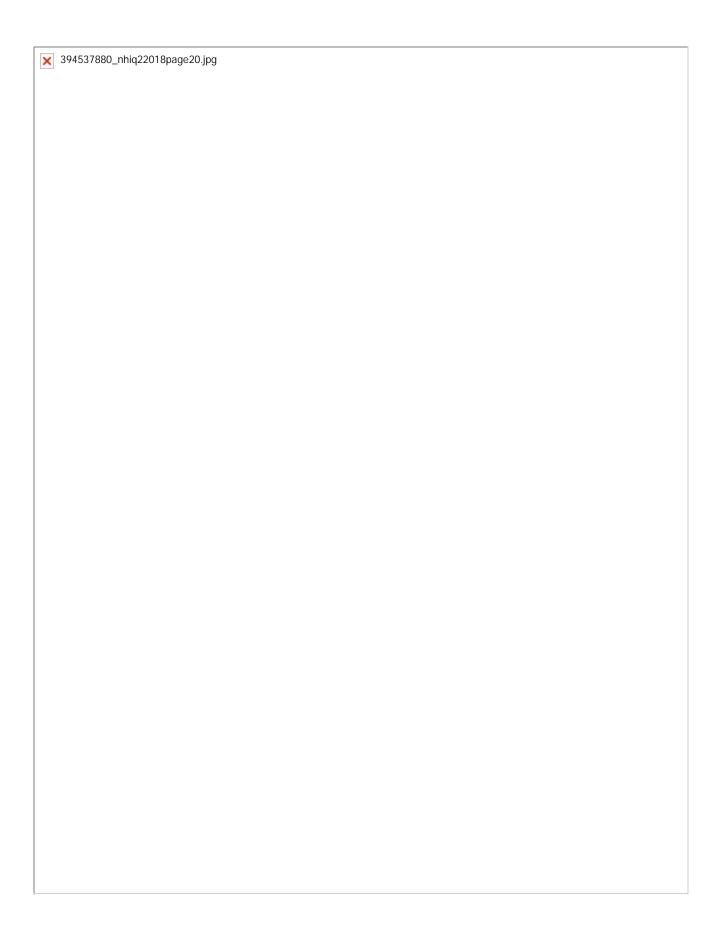
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