
Section 1: 8-K (8-K ITEM 8.01 PRESS RELEASE)

SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the
Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): October 9, 2018 (October 5, 2018)

NATIONAL HEALTH INVESTORS, INC.
(Exact name of registrant as specified in its charter)

Maryland
(State or other jurisdiction
of incorporation)

001-10822
(Commission
File Number)

62-1470956
(IRS Employer
Identification No.)

222 Robert Rose Drive, Murfreesboro, TN 37129
(Address of principal executive offices)

(615) 890-9100
(Registrant's telephone number, including area code)

Not Applicable
(Former name, former address and former fiscal year,
if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 - Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 - Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 - Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 8.01. Other Events.

On October 5, 2018, National Health Investors ("NHI") issued a press release announcing details for the release of its results for the third quarter ended September 30, 2018. NHI plans to issue its earnings release before the market opens on Tuesday, November 6, 2018, and will host a conference call on the same day at 12 p.m. ET. The text of that press release is attached as Exhibit 99.1 to this Current Report on Form 8-K and is incorporated by reference herein.

Item 9.01. Financial Statements and Exhibits.

(d) *Exhibits.*

Exhibit Index

Number	Exhibit
99.1	Press Release in HTML format, dated October 5, 2018, titled " NHI Announces Third Quarter 2018 Earnings Release and Conference Call Date. "

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned thereunto duly authorized.

NATIONAL HEALTH INVESTORS, INC.

By: /s/Roger R. Hopkins
Name: Roger R. Hopkins
Title: Principal Accounting Officer

Date: October 9, 2018

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Section 2: EX-99.1 (EXHIBIT 99.1 PRESS RELEASE DATED 10-05-2018)

Exhibit 99.1



Contact: Roger R. Hopkins, Chief Accounting Officer
Phone: 615-890-9100

NHI Announces Third Quarter 2018 Earnings Release and Conference Call Date

MURFREESBORO, Tenn.-- (October 5, 2018) -- National Health Investors, Inc. (NYSE: NHI) announced today details for the release of its results for the third quarter ended September 30, 2018. NHI plans to issue its earnings release before the market opens on Tuesday, November 6, 2018, and will host a conference call on the same day at 12 p.m. ET. The number to call for this interactive teleconference is (800) 582-1443, with the confirmation number 21897307.

The live broadcast of the conference call will be available online at www.nhireit.com and

<https://www.webcaster4.com/Webcast/Page/633/27823> on Tuesday, November 6, 2018, at 12 p.m. ET. The online replay will follow shortly after the call and continue for approximately 90 days.

About NHI

Incorporated in 1991, National Health Investors, Inc. (NYSE: NHI) is a real estate investment trust specializing in sale-leaseback, joint-venture, mortgage and mezzanine financing of need-driven and discretionary senior housing and medical investments. NHI's portfolio consists of independent, assisted and memory care communities, entrance-fee retirement communities, skilled nursing facilities, medical office buildings and specialty hospitals. For more information, visit www.nhireit.com.

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