

---

## Section 1: 8-K (8-K)

### UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

### FORM 8-K

CURRENT REPORT PURSUANT  
TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): November 5, 2018 (November 5, 2018)

### **National Health Investors, Inc.**

(Exact name of Registrant as specified in its charter)

Maryland

(State or other jurisdiction of incorporation or organization)

001-10822

(Commission File No.)

62-1470956

(I.R.S. Employer  
Identification No.)

222 Robert Rose Drive

Murfreesboro, Tennessee 37129

(Address of principal executive offices)

(615) 890-9100

(Registrant's telephone number, including area code)

Not Applicable

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Item 7.01. Regulation FD Disclosure.

The Company is furnishing its Supplemental Information for the quarter ended September 30, 2018, which is also contained on its website (www.nhireit.com). See Exhibit 99.1 and Exhibit 99.2 to this Current Report on Form 8-K.

Item 9.01. Financial Statements and Exhibits.

Exhibit Index

<b>Number</b>	<b>Exhibit</b>
99.1	<a href="#">Supplemental Information for the three months ended September 30, 2018, dated November 5, 2018, in HTML format</a>
99.2	<a href="#">Supplemental Information for the three months ended September 30, 2018, dated November 5, 2018, in PDF format</a>

SIGNATURES

Pursuant to the requirements of the Securities and Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.


National Health Investors, Inc.

By: /s/ Roger R. Hopkins  
Name: Roger R. Hopkins  
Title: Chief Accounting Officer


Date: November 5, 2018


[\(Back To Top\)](#)


## **Section 2: EX-99.1 (SUPPLEMENTAL INFORMATION, HTML FORMAT)**


 395652504\_q32018supplementalpage01.jpg




 395652504\_q32018supplementalpage02.jpg


 395652504\_q32018supplementalpage03.jpg


 395652504\_q32018supplementalpage04.jpg


 395652504\_q32018supplementalpage05.jpg




 395652504\_q32018supplementalpage06.jpg

 395652504\_q32018supplementalpage07.jpg

 395652504\_q32018supplementalpage08.jpg


 395652504\_q32018supplementalpage09.jpg


 395652504\_q32018supplementalpage10.jpg

# INDUSTRY PARTNERS


		Ownership	Market Focus	% of Revenue <sup>1</sup>
	Bickford Senior Living manages or operates over 50 independent living, assisted living, and memory care branches throughout the country. They are also an experienced developer, constructing over 150 communities.	Private	SHO	18%
	Senior Living Communities owns and operates luxury retirement communities located in Connecticut, South Carolina, North Carolina, Florida, Georgia and Indiana.	Private	SHO	15%
	Holiday Retirement is one of the largest providers of independent living communities in the U.S. Founded in 1971, they are a privately held company and currently operate more than 300 facilities.	Private	SHO	14%
	Founded in 1971, National HealthCare Corporation (NYSE: NHC) is a publicly traded operator, specializing in skilled nursing centers along with assisted and independent living facilities. NHC oversees more than 9,000 skilled nursing beds across 10 states, with properties located in the Southeastern, Northeastern, and Midwestern parts of the United States.	Public	SNF/SHO	14%
	The Ensign Group (NASDAQ: ENSG), provides skilled nursing and assisted living services, physical, occupational and speech therapies, home health and hospice services, urgent care and other rehabilitative services.	Public	SNF	9%
	Health Services Management is a non-profit formed in 2000. The Company operates more than 20 skilled nursing and assisted living facilities located in Florida, Indiana, Tennessee, and Texas.	NFP	SNF	4%
	Chancellor Health Care is based in Windsor, California and formed in 1992. Chancellor operates on the full continuum of care and has 8 properties across 4 states, which include California, Colorado, Maryland and Oregon, and serve over 750 seniors.	Private	SHO	3%
	Senior Living Management Corporation is based in Coconut Creek, Florida and operates assisted living, memory care and skilled nursing facilities in Florida, Georgia and Louisiana.	Private	SHO	3%
	Prestige Care and Prestige Senior Living operate a family of more than 80 senior care communities throughout the western United States. Founded in 1985, Prestige provides a comprehensive senior service experience offering assisted living, independent living, memory care, home health, skilled nursing and rehabilitation.	Private	SHO	2%
	Brookdale Senior Living (NYSE: BKD), the largest provider of assisted living and memory care in the United States, operates more than 700 senior housing communities.	Public	SHO	2%


<sup>1</sup>Based on annualized cash revenue of \$277,670,000 for contracts in place at September 30, 2018


 395652504\_q32018supplementalpage12.jpg


 395652504\_q32018supplementalpage13.jpg





 395652504\_q32018supplementalpage14.jpg


 395652504\_q32018supplementalpage15.jpg

 395652504\_q32018supplementalpage16.jpg

 395652504\_q32018supplementalpage17.jpg

 395652504\_q32018supplementalpage18.jpg

 395652504\_q32018supplementalpage19.jpg

 395652504\_q32018supplementalpage20.jpg

[\(Back To Top\)](#)

### **Section 3: EX-99.2 (SUPPLEMENTAL INFORMATION, PDF FORMAT)**

[Click here to view PDF](#)

Note: This PDF document represents an **unofficial** copy of information contained within this document, as allowed by the recent EDGAR system modernization.

SNL Interactive cannot take responsibility for the integrity of this file or its appearance, layout, or legibility. It is provided **as is** by the filer of this document.

[\(Back To Top\)](#)